

Comparative study of in vitro prepared Rose Bengal Plate Test (RBPT) antigen with commercially available antigens

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Abstract

Background and aim: Brucellosis is one of the world most common zoonotic diseases. The current study was aimed to prepare the Rose Bengal Plate Test (RBPT) antigen for the diagnosis of brucellosis and to determine its specificity and sensitivity.

Material and methods: The Rose Bengal plate test antigen prepared from *Brucella abortus* (B. abortus) strain 99 was compared with two commercial Rose Bengal Plate Test antigens and its specificity and sensitivity are determined.

Results: The were Rose Bengal plate test and I-ELISA result show that the in vitro antigen was superior to RBPT antigen University Diagnosis Laboratory (UDL) Lahore Pakistan, and RBPT antigen Veterinary Laboratory Agency (VLA) UK. Out of 196 samples analyzed by in vitro RBPT antigen, RBPT antigen (UDL), RBPT antigen (VLA), and an indirect enzyme-linked immunosorbent assay (I-ELISA) 56.63 %, 53.57%, 41.84%, 35.71% were found B. abortus positively. The sensitivity calculated for the in vitro RBPT antigen was 96.62, while RBPT antigen (UDL) and RBPT antigen (VLA) were 89.77, 63.91 correspondingly. However, the specificity of the in vitro RBPT antigen was lower (77.57%), than the commercial RBPT antigen (VLA) (79.79%).

Conclusions: A very sensitive and low-cost in vitro RBPT antigen compared to commercial RBPT was magnificently developed in the current study. It was determined that the in vitro RBPT antigen could substitute the available commercial RBPT antigen, which is comparatively expensive and less sensitive in the detection of brucellosis. Therefore, it is concluded that the in vitro RBPT antigen could be used for epidemiological surveillance of brucellosis.

Key words: brucella, antigen, diagnosis, serology, animals

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Introduction

Brucellosis is a major globally re-emerging zoonosis, which mostly affects domestic animals such as, cattle, goat, sheep, swine, buffalo, and dogs caused by *Brucella* species [1, 2]. They are Gram-negative, non-hemolytic, non-motile, non-spore-forming and facultative intra-cellular living, coccobacilli. However, *Brucellae* demonstrate a preference for a certain host, e.g. *Brucella Melitensis* prefers small ruminants, *B. abortus* bovine, the transmission of cross-species occurs when various animals are in near contact with one another [3-8]. Brucellosis is endemic in several geographical regions

like the Middle East and Mediterranean region, Mexico, parts of Central and South America and South Asian countries including India, Pakistan, Srilanka and China [9-11]. Although in very few economically developed countries this disease is controlled, it is still an issue that causes a significant globally economic loss [12]. Fetal membrane retention (FMR) and last trimester abortion are the characteristic signs in female animals whereas epididymitis and orchitis are common in males but the infection may remain asymptomatic and the infected animals may remain undiagnosed [13]. Through milk and vaginal secretions, the infected animals shed bacteria

in the environment [14]. In animals, brucellosis is typically transmitted either through direct contact or by the ingestion of contaminated water or feed, while in humans this usually occurs through the ingestion of contaminated milk [15,16]. Human beings are accidental hosts for this infectious disease and can be prevented by eradicating the disease in animals, which often have close interaction with humans [17,18].

The diagnosis of brucellosis verified by isolation which is the gold standard but this process is time-consuming, laborious, low sensitivity and additionally there is a high risk of infection. Hence, serological test including Rose Bengal Plate Test (RBPT), Enzyme-Linked Immunosorbent Assay (ELISA), Indirect Enzyme-Linked Immunosorbent Assay (iELISA) and Complement Fixation Test (CFT) is normally used for the diagnosis of Brucella [19-21]. As no serological test is 100% reliable, diagnosis is usually based on two or more test results.

Consequently, early testing is usually done using a screening test, which is a highly sensitive test and perhaps less specific. The screening tests are typically cost-effective, quick and easy to perform. If a positive reaction occurs during a screening test, a confirmatory test is carried out. The confirmatory test is a kind of test that offers good sensitivity but relatively higher test specificity, thus eliminating some false positives reaction. The majority of confirmatory tests are more complex and very expensive to carry out [22].

The Rose Bengal plate test is a rapid test that was originally developed for screening use in veterinary medicine but is now also used to diagnose human brucellosis [23,24]. Its high sensitivity, ease of use and affordable prices make it extremely common in hospital emergency departments for the diagnosis of febrile syndromes.

The present study aimed to develop RBPT antigens from Brucella abortus strain 99, compared with commercial PBPT antigens University Diagnosis Laboratory (UDL) Lahore, Pakistan and Veterinary Laboratory Agency (VLA) UK and finally, its specificity and sensitivity were determined.

Material and methods

This research study was conducted at Animal Sciences Institute, National Agriculture Research Center Islamabad, Pakistan from October 2015 to December 2016. Blood samples were collected from goats and sheep at the slaughterhouse in Islamabad. Approximately 5–7 mL of blood was obtained in a transparent tube without any anticoagulant and placed on ice immediately. All the specimens collected for animals had either aborted or reproductive disorder such as infertility. Samples were transported to the Animal Sciences Institute, bacteriology laboratory after proper labelling and sealing. The sera were isolated by centrifugation of blood samples at 1500 rpm for 10 mins and preserved at -20 °C for further analysis.

The culture of B. abortus strain 99 was inoculated on Tryptic Soy Agar (TSA) media for three days at 37 °C. Initially, the Gram stain and then Ziehl-Neelsen (Z-N) staining was carried out. Then, biochemical tests, such as Urease, Oxidase, Catalase, Indole production, Methyl Red, Simmon Citrate utilization and Voges-Proskauer tests were conducted for further confirmation.

The B. abortus strain 99 was used to prepare the RBPT antigen. The antigen was prepared following the previous literature by Office International des Epizooties (2009) [25]. Briefly, 4-5 colonies of B. abortus were inoculated into TSA broth media and incubated at 37 °C for 48 hours. The liquid media was centrifuged to get an isolated organism. The pellet was re-suspended in 0.5% phenol saline. The mixture was discarded, and the pellet was heated at 80°C for 90 minutes to

kill bacteria and mixed with 1% Rose Bengal. The suspension was stored at 4°C.

The prepared antigen and serum were kept at room temperature (22±4°C). Initially, 20 µl serum was added on the white porcelain plate through a pipette. Then, 20 µl of that antigen was mixed with the serum and shaken for four minutes. The data was recorded as positive after agglutination. The I-ELISA was used as a gold standard to determine the sensitivity and specificity of RBPT antigen.

Data analysis

The specificity and sensitivity were determined by using the following formula [26]:

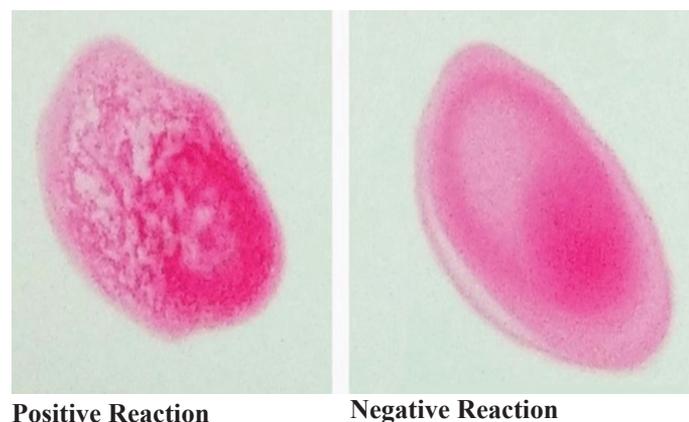
$$\text{Sensitivity} = \frac{\text{True Positive}}{\text{True Positive} + \text{False negative}} \times 100$$

$$\text{Specificity} = \frac{\text{True Positive}}{\text{True Positive} + \text{False negative}} \times 100$$

Results

Brucella isolate was grown on selective Tryptic Soy Agar for morphological examination and incubated for 2-3 days. The Brucella colonies were characterized as smooth, glistening, pinpoint, bluish, honey-colored and translucent [27]. Microscopically, the culture smear appeared as gram-negative coccobacilli in Gram staining and red-stained coccobacilli in modified Z-N staining. Therefore, these finding shows the resemblance with bacteria characteristic of Brucella [28]. The isolate was positive to Oxidase, Catalase, and Urease tests and negative to Methyl Red, Indole production, Simmon Citrate utilization and Voges-Proskauer tests, these results were in agreement with the previous study [29]. The in vitro prepared RBPT antigen was tested by mixing 20 µl of the sample with 20 µl of prepared antigen on a porcelain plate. In the presence of distinct agglutination the reaction was declared positive (Figure 1).

Figure 1 - Rose Bengal Plate Test. Figure A representing a strong agglutination reaction.



The in vitro RBPT antigen was compared with RBPT antigen (UDL), a total number of 196 samples were processed, and the result explored that in vitro RBPT antigen was 111 (RBPT+) and 85 were (RBPT-), while the RBPT antigen (UDL) showed that 105 were (RBPT+) and 91 were (RBPT-), as mentioned in Table 1.

Table 1

Percentage of in vitro RBPT antigen and RBPT antigen (UDL)

Sample	In vitro RBPT Ag	Percentage	RBPT antigen (UDL)	Percentage
RBPT (+)	111	56.63	105	53.57
RBPT (-)	85	43.37	91	46.43
Total	196		196	

Ag=Antigen, RBPT=Rose Bengal plate test antigen, UDL=University Diagnosis Laboratory, VLA=Veterinary Laboratory Agency

The in vitro RBPT antigen was further compared with the RBPT antigen (VLA), and the results showed that 82/196 were (RBPT+) and (RBPT-) was 114/196 (Table 2).

Table 2

Percentage of in vitro RBPT antigen and RBPT antigen (VLA)

Sample	In vitro RBPT Ag	Percentage	RBPT antigen (VLA)	Percentage
RBPT (+)	111	56.63	82	41.84
RBPT (-)	85	43.37	114	58.16
Total	196		196	

Finally, in vitro RBPT antigen was compared with I-ELISA, the results were as follows; ELISA+ 73/196, and ELISA- 123/196 (Table 3).

Table 3

Percentage of in vitro RBPT antigen and I-ELISA

Sample	In vitro RBPT Ag	Percentage	I-ELISA	Percentage
RBPT (+)	111	56.63	73	37.24
RBPT (-)	85	43.37	123	62.76
Total	196		196	

The sensitivity and specificity of in vitro RBPT antigen, RBPT antigen (UDL) and RBPT antigen (VLA) were tested. The results showed that the sensitivity of in vitro RBPT antigen was 96.62 %, which was higher than UDL 89.77 %, while the specificity was high potent in VLA 79.79 % than in vitro RBPT Ag 77.57 % (Table 4).

Table 4

Specificity and sensitivity of in vitro RBPT Ag, RBPT antigen (UDL) and RBPT antigen (VLA)

S. No	Antigens	Sensitivity (%)	Specificity (%)
1	In vitro RBPT Ag	96.62	77.57
2	RBPT antigen (UDL)	89.77	73.83
3	RBPT antigen (VLA)	63.91	79.79

Discussion

Brucellosis is a zoonotic bacterial disease caused by *Brucella* genus. In the present study, RBPT antigen was prepared from *B. abortus* strain 99. There are many serological tests uses for the determination of brucellosis, but we prefer RBPT, which has considerably high sensitivity while I-ELISA used for the

specificity of the brucellosis diagnosis [10]. The I-ELISA has been regarded as a gold standard by many researchers to compare the results for brucellosis diagnosis [30]. In this study, I-ELISA was used as a gold standard to calculate the specificity and sensitivity of in vitro RBPT antigen and two other commercial RBPT antigens.

A study showed that out of 856 sera, 31.66% was positive by CFT using commercial RBPT and in-house RBPT detected 30.84% positive animals respectively [31]. However, the current study indicates that out of 196 sera, 37.24 % was found to be positive by I-ELISA, while the in vitro RBPT antigen, RBPT antigen (UDL) and RBPT antigen (VLA) detected 56.63%, 53.57%, 41.83%, positive animals, respectively. Moreover, we observed that 85 (in vitro RBPT), 91 (RBPT antigen (UDL)), 114 (RBPT antigen (VLA)) sera were negative with in vitro RBPT while some of them were positive with I-ELISA. The false-negative result of the RBPT antigen could be the "Zoning effect" in acidified RBPT antigen [32]. An additional factor which may lead to false-negative result can be the outdated RBPT antigen. The sensitivity of the RBPT antigen could be lost during the storage process by the improper addition of reagents.

A study reported that the in-house RBPT was (85.24%) sensitive as compared to commercial RBPT (78.59%), but the commercial RBPT (97.77%) was more specific than the in-house RBPT (94.36%) [31]. The present study explored that the in vitro antigen (96.62%) was more sensitive compared to the RBPT antigen (UDL) (89.77%) and RBPT antigen (VLA) (63.91%). Nevertheless, the RBPT antigen (VLA) (79.79%) is more specific than the in vitro RBPT antigen (77.57%). However, we reported 111 (in vitro antigen), 105 (RBPT antigen (UDL)) and 82 (RBPT antigen VLA) out of total sera samples were RBPT positive but some of them were I-ELISA negative. These false-positive results may be due to the vaccination of *B. abortus* strain 19 or exposure to a gram-negative organism having lipopolysaccharide (LPS) O-chain similar to *Brucellae* species, like *E. coli* O:157, *V. cholerae* O1, *Y. enterocolitica* O:9 and *Salmonella* group N (O:30) [33]. The current study suggested that the sensitivity of the in vitro antigen was more significant than previous studies, which were 85.2% and 90.1% respectively [31,34]. The possible reason may be the optimization methods achieved using international imported *B. abortus* serum to determine the specificity and sensitivity of developed in vitro antigen.

Conclusion

This study suggests that the in vitro RBPT antigen which is a low cost, rapid and has high sensitivity as compared to the commercial RBPT antigens. Finally, this diagnostic technique recommended replacing the commercially available RBPT antigen, which is relatively costly and less sensitive in the identification of brucellosis in sheep and goats.

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